

Caregiving is the act of assisting someone who you care about who is chronically ill, disabled, elderly and/or unable to care for themselves.

For the 13th year, the South Central Town Hall Caregiver Coalition is hosting an informative resource fair for Caregivers. This year we are celebrating **“Racing Thru Caregiving”**. Those who are caregivers for any age are encouraged to attend. Enjoy a catered banquet, with entertainment, all in appreciation of Caregivers!

Event Schedule

8:00 - 9:00 amRegistration/ Welcome
 9:00 - 9:45 amLap 1
 9:45 - 10:00 amPit Stop/View Booths
 10:00 - 10:45 amLap 2
 10:45 - 11:00 am Pit Stop/View Booths
 11:00 - 11:45 amLap 3
 11:45 - 1:00 pm **Welcome: Eldon Orthmann**
 Chairman
 Adams County Board of Supervisors

PIT STOP LUNCH Catered by:
 Murphy’s Wagon Wheel & Custom Pack

“Victory Burnout” Music: Strings & Things -
 Tim & Pam Smith

1:00 - 1:45 pmLap 4
 1:45 - 2:00 pmPit Stop/View Booths
 2:00 - 2:45 pm **The Final Lap**
 2:45 - 3:00 pm The Checkered Flag/Trophy
 Presentation (door prizes)

Please join us for all or part of the day!
For questions please call:

Hastings Respite Care at (402) 463-8124

For Respite, please call:

Hastings Respite Care at (402) 463-8124
 or
Nebraska Lifespan Respite Network at
1-866-RESPITE



Registration information:
 Please return by **April 9, 2018** by mail
 or call
 (402) 463-8124
 or
 (402) 463-1454

 Name

 Address

 City, State, Zip

 Phone Number

 E-mail Address

Are you a caregiver for:

- A Child
- An Adult
- An Aged Person

Other persons attending with you:

Will you be joining us for the
 complimentary lunch buffet?

- Yes
- No

If yes, how many? _____

Lap 1: “Turning Left When You’re Right”
 “Understanding Dementia & How you can Help”
 Wendy Buhr, Senior Living Consultant
 The Kensington Assisted Living Community

Lap 2: “Ladies & Gentlemen, Start Your Engines!”
 “Making Informed Medical Decisions”
 Panel Discussion
 Richard French MD, Hastings Internal Medicine
 Dave Nervig, MLHC Social Work Department
 Tom Choquette, RP, Bert’s Rexall Drug
 Christina Jordan, Visiting Nurses Assn. & Family Resolutions

Lap 3: “ Kickin’ Up Dust”
 “Caregiver & Family Dynamics”
Special Guest Speaker: Christina Jordan,
 Advanced Certified Hospice/Palliative Care SW
 Visiting Nurses Assn. of Douglas Co. &
 Family Resolutions, Lawrence, KS

Lap 4: “Getting in the Groove”
 “Prepare to Care”
 ‘A Careversation’
 AARP Nebraska

The Final Lap: “The Drag Race”
 “Past and Present Hastings-
 A Historic Downtown Tour”
 Elizabeth Spilinek, Executive Dir. Adams Co.
 Historical Society

The Day of Caring is sponsored by
Sunnyside Foundation
Hastings Community Foundation's
Give Hastings Day
South Central Town Hall Caregivers
Coalition:



- Adams County Veterans Service Office
402-461-7162
- Alzheimer's Association 402-954-0006
- Asera Care 308-384-1080
- Early Development Network 402-462-4187
- Good Samaritan Society Hastings Village
402-463-3181
- Hastings Respite Care 402-463-8124
- Senior Action, Inc. 402-463-1454
- The Bridge 402-462-4677
- The Kensington Assisted Living and
Memory Care 402-461-3149
- The Nebraska Lifespan Respite Network
1-866-RESPITE
- and
- Family Caregivers from the Community



13th Annual
Day of Caring
for
Those Who Care
Thursday,
April 19, 2018

Hastings City
Auditorium
400 North Hastings
Hastings, Nebraska



SCTH Caregiver Coalition
PO Box 1217
Hastings, NE 68902

